

ELLE beauty TREAT LIST 2015



BEST FAT TRIMMER

HEALTHSPRINGS LASER & AESTHETIC CLINIC – VANQUISH

If most of your weight loss targets have been met and all that's standing between you and model-esque perfection are those pockets of stubborn fats, consider the new Vanquish procedure.

Vanquish sculpts your body with non-invasive radiofrequency energy. It delivers energy to fat with virtually no risk of overheating the skin, muscles, or internal organs as the device is not placed directly on your skin, just over the target area. The energy that is delivered will

result in the natural death of fat cells, which then leave the body via the lymphatic drainage system.

Vanquish has been proven to work on the abdomen, and love handles. It is safe yet effective. Best of all, the treatment is always comfortable and can treat a large area within one session compared to other treatments.

For results on a targeted area, you will need four to six treatments — performed at weekly intervals. Before you know it, those love handles will be banished.

*From \$600 per 45-minute session.
Visit www.healthsprings.com.sg/aesthetics*

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